

Brittany by bike

AN ABICYCLETTE VOYAGES GUIDE



Passerelle des Capucins, Audierne

TABLE OF CONTENTS

03 Brittany, the birthplace of Abicyclette Voyages

05 Let Brittany surprise you

08 Land of cycling

10 A region with many points of interest

12 Brittany from port to port

14 Brittany via the canals

16 Which route for which level?

18 Our travellers' favourite Breton holidays

22 Abicyclette on the Canal d'Ille et Rance

23 Abicyclette on cycling through historic Brittany

24 Your bike travel agency



Brittany, the birthplace of Abicyclette Voyages

Brittany is a land of cycling.

Champions, races, the fervor of the Breton stages of the Tour de France, all testify to the importance of cycling in the region and the strong ties that bind it together. Brittany is undoubtedly the source of our passion for cycling. Its curves, its palette of colors, its scents and its spirit make it a land of adventure for cycling.

“*Brittany has an exceptional cycling network and spectacular landscapes that have made me a cyclist, a traveler and a humble explorer. In 2010, it was this Brittany that I wanted to share when I got together with a few friends to create the first bicycle travel agency in Rennes, Abicyclette Voyages.*

Fabien, founder of Abicyclette Voyages

”

We created Abicyclette Voyages at the beginning of 2010 with our first 100% Breton catalog, with the aim of making cycling in our little Earth's End accessible and comfortable. Today, we offer about thirty Breton tours in our catalog. And then there are our tailor-made tours, which have allowed many of our travelers to discover Brittany at their own pace!

Let Brittany surprise you

A trip to Brittany means discovering a land of myths and legends, and legends, and to meet people who are proud of their roots and their land. The Bretons are eager to share their heritage and their recipes with you.

A point to the west, Earth's end, «Pen-Ar-Bed» in Breton, that's how you can define Brittany. But it's also a hand that points to the continuity of the world beyond the ocean. It's a land of travelers, a land of commerce. Sailors and other adventurers set off from the ports of Lorient, Brest, Paimpol, Saint-Malo... to discover the world and the best seas, bringing back fish, then cocoa, coffee, sugar... It's no longer Earth's end, but a gateway for these products to the rest of the country.

The Bretons remain travelers and proud of their identity, making them one of the largest regional diasporas in the world. Indeed, Brittany continues to welcome many travelers who fall in love with the region and end up settling here. The warmth of the people, the gastronomy, the beauty and the power of the elements are not to be overlooked.

Don't miss any more news about Brittany thanks to the official Brittany tourism website!

VISIT THE REGION'S WEBSITE

WEATHER

IN BRITTANY

“In Brittany, the sun shines several times a day!”

This humorous local expression reflects the climate here, which sometimes offers **4 seasons in a single day**. Fortunately, as summer approaches, the weather becomes milder and the storms of winter are far behind us. While we can't completely escape the showers that characterize this beautiful region, it's possible to make the most of them! Here are a few examples:

- It's never too hot and rarely too cold in Brittany. It's a mild temperature that's pleasant all year round, especially for cycling!
- Rainfall is not torrential and consists more of passing light showers. There's also drizzle, clouds of very fine water droplets that are characteristic of the Atlantic and English Channel estuaries.
- Although the average sunshine is below average, beautiful blue sky weeks are common. Even when the weather is mixed, the sun is never far away and it's rare that it doesn't make several appearances a day, especially on the coast where the wind tends to clear the clouds more quickly.
- The gardens and countryside are green. A fresh, bucolic landscape that's great for biking.
- Roads, beaches, footpaths and restaurants are busy, but never crowded!

Do you have to **bring a raincoat to Brittany**: **yes!** Will you wear it? Not sure, at least occasionally. But don't forget your sunscreen, because sunburns are very common among our unsuspecting bike travelers!

CUISINE

IN BRITTANY

Brittany's culinary and gastronomic image is a strong element of the region's identity. Brittany is a land of diverse environments that provide a wide variety of products for a unique Breton cuisine.

We've put together a list of typical dishes for you to try during your next stay in our beautiful region:

As an appetizer

A slice of salted butter with seaweed

A slice of Hénaff pâté

A seafood platter

Hot, grilled, steamed or stewed oysters

Let's get down to business

Buckwheat crêpes

Kig-ha-Farz (Breton stew with bread baked in the broth)

Bouchot mussels

Andouille de Guémené sausage

Finish on a sweet note

Wheat crêpes

Plougastel strawberries

Kouign-amann

Far aux prunes and its scoop of salted butter caramel ice cream

Breton cake

Traditional biscuits: galettes and palets

And to accompany it all

A bowl of Breton cider

Chouchen as an aperitif or digestif

Plancoët sparkling water

Artisanal apple juice



Brittany, land of cycling

Achille Joinard, former president of the French Cycling Federation and the International Cycling Union, once said that «Brittany is the eldest daughter of cycling».

Legendary champions, legendary races, a loyal following: as many riders will tell you, Brittany has always been one of the great cycling regions of France. And it still is today!



Brittany is a **land of legends** and a **land of cycling**. And Brittany is no stranger to cycling legends! Jean Robic, Louison Bobet and Bernard Hinault make the Bretons the most successful French in the Tour de France. **Cycling races and events number in the hundreds**. They are the talk of the town and fill the pages of the local and regional press. With more than **1,500 km of signposted cycling routes**, the region shows its love for the bicycle. It's a fabulous area for all cyclists, and we invite you to take a ride!

If Brittany is a land of cycling, it's not by chance. It is one of the regions with the **densest network of secondary roads**. You only need to unfold a map of the Breton countryside to see how impressive this network is. It's great to be able to cycle so easily on small roads, away from the traffic. The number of crossings is impressive and requires alertness. So it's no coincidence that **Abicyclette Voyages, a bicycle tour operator based in Brittany**, was one of the first in the world to **offer the loan of a GPS** on all its tours. It was important to offer the comfort of not having to look for directions at every junction!

The region, with the support of its Regional Tourism Committee, has developed a **dynamic cycling policy** by increasing the density of cycle routes. Taking advantage of the abandoned railway network, **the greenways give a second life to these impressive 19th and early 20th century infrastructures**. Engineering structures (viaducts, tunnels) and earthworks (embankments, trenches) have been restored to their former glory, making them ideal for beautiful rides. These «greenways» are circuits that allow you to discover **a different face of bucolic Brittany**.

The coast is no exception, with many small roads leading to the edge of the cliffs. **The recent development of international routes** such as the Tour de Manche and the Vélodyssée along the coast **offer easy, accessible routes** to discover the region's heritage. The coastal path and the solar wind route in Finistère offer **a wealth of pleasant cycling routes**.

A region with many points of interest

Let's face it, it's not possible to see and discover everything in a single trip to Brittany. It's a land of cycling that requires several trips, and we recommend the most beautiful places:



RENNES

Administrative capital and former political capital with the Parliament of Brittany. Its center boasts charming cobbled streets and half-timbered houses. Stroll through the Jardin du Thabor and along the banks of the Vilaine.

THE EMERALD COAST

From Cap Fréhel to Dinan and from Dinard to Mont Saint-Michel, the Emerald Coast owes its name to the color of its seawater. The Glaz, a unique color that emanates from this area soon to be protected by a Regional Nature Park.

THE RANCE VALLEY

Following the course of the water, this estuary offers an encounter with nature that is both monumental and intimate.

THE PINK GRANITE COAST

From Paimpol to Lannion, the coast offers an amazing geological trail at Perros-Guirec, along the famous «sentier des douaniers» (the customs trail), also known as the GR34. The villages are also adorned with pink granite, unique in Brittany!

THE MONTS D'ARRÉE

An incredible mountainous landscape in the heart of Brittany. A wild environment that culminates at 390 meters above sea level. A real playground for experienced mountain bikers and cyclists!

THE PAYS DES ABERS AND THE ISLAND OF OUESSANT

The Pen Ar Bed, a landscape at the end of the world, facing the elements, a wild coast and a strong character!

THE CROZON PENINSULA, THE DOUARNENEZ BAY AND THE POINTE DU RAZ

Brittany's most impressive promontories and cliffs!

QUIMPER AND SOUTH CORNOUAILLE SUD

Enjoy the beautiful beaches of Bénodet and Fouesnant and stroll through the art and history cities of Quimper and Concarneau.

THE GULF OF MORBIHAN

A fragmented landscape where the boat is the cyclist's friend to discover this extraordinary landscape of islands and peninsulas. Cycling in South Brittany also means taking advantage of a microclimate that's sure to please! From Vannes to Belle-île-en-mer, the routes are made up of small roads and large paths between land and sea!

MONT SAINT-MICHEL BAY

From Cancale to Roz-sur-Couesnon, a large part of the Bay is in Brittany. Although Norman, the Mont was once under Breton influence and is now one of the architectural wonders of the world.

Brittany, from port to port

Abicyclette Voyages ensures that all our «port to port» tours are as close to the coast as possible. We've mapped out each stage and route in advance to offer the best possible itinerary for cyclists.

In six adventures, from the Bay of Mont Saint-Michel to the Loire estuary, you'll discover the coastline of a region with strong links to the sea. Lulled by the lapping of the waves, the songs of the seagulls and the bustle of the fishing ports, this maritime experience allows travelers to understand the complexity and charm of the Breton identity.

DISCOVER THE PORT TO PORT TRIPS



BRITTANY FROM PORT TO PORT 1: SAINT-MALO TO PAIMPOL

From the great fortress of Saint-Malo to Paimpol, you'll stop at some of the most typical Breton ports on the north coast. The warm atmosphere of these seaside towns is the perfect setting for moments of true relaxation. Cap Fréhel, Baie de Saint-Brieuc and Pointe de l'Arcouest are just some of the places where nature reveals its most beautiful colors.

BRITTANY FROM PORT TO PORT 2: PAIMPOL TO MORLAIX

This section takes you along the fabulous Pink Granite Coast. Six stages that will take you from the Côtes d'Armor to Finistère, from Paimpol to Morlaix. The islands of Bréhat, Batz and the archipelago of the 7 islands are just a short boat ride away. Let us take you on short but beautiful cruises to surprisingly exotic places!

BRITTANY PORT TO PORT 3: MORLAIX TO BREST

Embark on a bicycle tour of Northern Finistère, in the Abers region. This tour will take you through magnificent landscapes steeped in legend. Ride along the steep, rocky coastline of the Route des Phares with its breathtaking views. On this ride, nature offers a constant spectacle that you won't get tired of.

BRITTANY PORT TO PORT 4: BREST TO QUIMPER

This journey from port to port is full of surprises. More athletic than its predecessors, it reveals a wild Brittany where human character seems to be forged. Along the Atlantic coast, you'll reach the Breton peaks carved by the sea, in a land they call the end of the world!

BRITTANY FROM PORT TO PORT 5: QUIMPER TO VANNES

An adventure along the south coast of Brittany between Quimper and Vannes, discovering the coastal landscapes and historical treasures of southern Brittany. Several sea crossings will allow you to cross the estuaries and rivers that flow into the ocean. The mild climate of the south coast of Brittany is a great advantage.

BRITTANY FROM PORT TO PORT 6: FROM VANNES TO LA BAULE

From the shores of the Gulf of Morbihan, follow the south coast of Brittany, crossing the Vilaine River to reach the Guérande peninsula. A delicious excursion between the waters! By bike, you'll cycle along the small bocage roads and wide white paths that are well developed here.

Brittany, via the canals

Traveling by bike allows you to reconnect with nature. And that's exactly what cycling along the canals offers: the chance to explore wild, peaceful environments where nature is omnipresent and exuberant. Lulled by the chirping of birds and the crystal clear flow of the waterways, you'll find yourself in an enchanting setting.

Tranquility and serenity are the watchwords of your bike ride along this river trail. Take a deep breath. As the water flows by, flower-decked locks, boats and barges and barges are soothing travel companions. As you cycle along the canals, you'll find yourself in regions where the green of the vegetation and the blue of the water dominate the landscape.



THE NANTES TO BREST CANAL

From the city of the Dukes of Brittany to northern Finistère, the Nantes-Brest Canal plunges you into the heart of Brittany. Consisting of 238 locks, the 364-kilometer route blends vast wilderness with well-preserved historic villages.

ALONG THE NANTES TO BREST CANAL

THE NANTES TO BREST CANAL FOR FAMILIES

This itinerary has been specially designed for families and is perfect for children of all ages. The stages are short, flat and completely free of traffic. So you and your children can cycle along the canal in complete safety. The Eurovélo 1 route, the Vélodyssée, is signposted to show you the way and indicate the cycling distances between each stopover village.

FAMILY TRIP ALONG THE NANTES TO BREST CANAL

THE ILLE ET RANCE CANAL

This greenway begins in downtown Rennes and leads cyclists along the banks of the Ille et Rance Canal in a green setting. Flower-filled locks and towns like the medieval city of Dinan punctuate this rejuvenating route. You can take a greenway along the Ille et Rance Canal all the way to Dinard for views of the sea.

JE DÉCOUVRE LE SÉJOUR LE LONG DU CANAL D'ILLE-ET-RANCE

Which route for which level ?

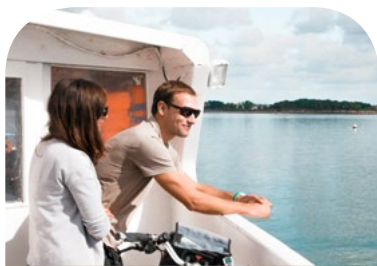
Abicyclette Voyages offers you a wide range of itineraries to suit your level and travel desires.

And if there are different levels of cycling ability or fitness within your group, we recommend renting an electric bike! With the help of an electric bike, occasional cyclists can easily travel with more experienced cyclists. The electric bike is a great way to bring cyclists together.

FIND OUT MORE ABOUT BIKE RENTAL IN BRITTANY



EASY



Islands of the Gulf of Morbihan



Loop around the Gulf of Morbihan

LEISURE



The treasures of medieval Upper Brittany



The Vélomartime from Roscoff to Mont Saint-Michel

FIT



The Vélocéan: the Guérande peninsula by bike



Pointe du Raz and Southern Finistère



Saint-Malo & the Emerald Coast by bike

CYCLING GETAWAYS



The great crossing of Northern Brittany



The great crossing of Southern Brittany

Our travellers' favourite Breton holidays

With our expertise in the Brittany region, it's only natural that Brittany has been the most popular destination for our travelers since the creation of our travel agency.

And today, out of the thirty or so holidays in our catalog, we present you the 3 most popular holidays of our clients! Here are the 3 most popular Abicyclette Voyages holidays for the 2022 season.



The Breton Cornouaille

#1 STAY

DISCOVER THE BRETON CORNOUAILLE

This is the most popular stay among our customers in 2022. And that's probably because it **takes you to Earth's end, «Penn Ar Bed» in Breton**. Our Pointe du Raz and Southern Finistère stay is the best way to discover **the coastline of Finistère and the natural environment of Quimper**. 7 days of travel to breathe in the Breton air!

RENDEZVOUS IN THE WILDERNESS

Located between Cléden-Cap-Sizun and Plogoff, the Baie des Trépassés is famous as a **surfing spot**, but also for the **many shipwrecks** that lie on its seabed. Its clear, invigorating waters are a delight for swimmers. It also offers a **beautiful view of the Pointe du Raz**, known as «world's end», which is the last commune to open onto the Atlantic. **A stroll between myth and wilderness** that everyone will enjoy!

IMMERSION IN BRETON CULTURE

Located in the south of Finistère, Cornouaille is **a preserved and authentic Breton territory**. The Bay of Douarnenez is **an exceptional and traditional sardine fishing site**, with 3 different ports. Enough to seduce fishermen and yachtsmen alike. When it comes to gastronomy, you can choose from **delicious pastries, seafood** restaurants or specialties such as Kig Ha Farz.

CITIES OF ART AND HISTORY

Quimper, the starting and finishing point of this cycle route, **has been awarded the «City of Art and History» label** for the quality of its architectural heritage. A true medieval city, you'll find all the **treasures of our Breton ancestors as well as contemporary Breton crafts** such as the famous Quimper earthenware factories. Quimper is also the ideal starting point to discover the most important historic towns of Finistère: Locronan, Douarnenez, Plogoff and the famous Pointe du Raz, the Bigouden region...

«We really enjoyed the Baies des Trépassés, the walk to Pointe du Raz and the port of Guilvinec. A great experience to be repeated».

Jean – Auvergne-Rhône-Alpes

The Gulf of Morbihan

#2 STAY

LOOP AROUND THE GULF OF MORBIHAN

With over 900 kilometers of coastline, some forty islands and beautiful beaches, Morbihan is the ideal destination for a rejuvenating vacation. Like Halong Bay or San Francisco Bay, the Gulf of Morbihan is one of the most beautiful bays in the world. Discover our one-week tour of the Golfe du Morbihan.

A TOUR FOR EVERYONE

The variety of cycle paths and trails, the relatively short distances and the various ports of call to go from island to island by boat make this tour accessible to everyone. The Morbihan region is characterized by flat landscapes and well developed land use. It's the ideal destination for the whole family.

A STAY BETWEEN LAND AND SEA

Stroll from peninsula to peninsula, following the tides, and admire the colorful seascapes: from deep green to turquoise blue. Stopovers on Île au Moines and Île D'arz give you the opportunity to observe rare species of local flora and fauna, such as the Egret and the Grey Heron.

A WEALTH OF HISTORY AND CULTURE

Walk in the footsteps of our Breton ancestors! Travel back in time to the Bronze Age and discover the famous menhirs of the Carnac stone alignments. Then head to the residence of the Dukes of Brittany at the Château de Suscinio, built in the late Middle Ages on the Rhuys peninsula. Finally, finish your tour in the fortified town of Vannes, built by the Romans during the reign of Augustus.

«The Gulf is magnificent: the wild coastline, through forests, fields and along paths we would never have found on our own, and the small boat passages were charming.»

Christine – Auvergne-Rhône-Alpes

The Pink Granite Coast

#3 STAY

ALONG THE PINK GRANITE COAST

This little corner of Brittany's paradise takes its name from **the characteristic color of the stones that surround its coastline**. Dotted with hiking trails, natural sites and beautiful vegetation, a stay on the Pink Granite Coast will take you on a voyage of **discovery of the hidden treasures of this mythical Brittany**. A visit to **the wild Breton coast and its natural and historical riches** is on the agenda for these 4 days full of emotion.

A CHANGE OF SCENERY

The historic town of Lannion is the gateway to the Pink Granite Coast. Explore the medieval town with its **half-timbered houses**, then escape to **its bay, to the Pointe de Bihit**. Its **exceptional views and lush vegetation** will give you the impression of being on a mountain route.

LA VIE EN ROSE

Around the pretty **seaside village of Ploumanac'h**, voted «Favorite Village of the French» in 2015, take a walk along the Customs Trail to admire the **spectacular pink granite rocks and its famous lighthouse**. Admire the changing shades of color according to the time of day and the weather.

A PORT AND CORSAIR REGION

Off the beaten track, the Paimpol Bay offers wild landscapes, authentic local life and **nautical activities**. Take time to stroll along the quays, watch the return of **the boats and visit the shipowners' houses**. In the bay of Paimpol, you will find **the island of Bréhat**. Here you'll discover a rich and varied heritage, the imprint of a maritime history.

«Breathtaking scenery every day. Perros Guirrec with the extraordinary Manoir du Sphinx. A real pleasure! Always a pleasant route, nice meetings and beautiful Brittany!»

Isabelle – Occitanie

Abicyclette Voyages on a getaway along the Canal d'Ille-et-Rance



The Abicyclette Voyages team set out to discover the Canal d'Ille-et-Rance by bike. This Breton route is ideal: it connects Rennes, the capital of Brittany, with the famous corsair town of Saint-Malo. What's more, the route is relatively flat, making it accessible to all. In two days, we cycled about 100 kilometers along the banks of the Rance.

[DISCOVER THE FULL STORY](#)

SOOTHING LANDSCAPES

«They are often wooded, and numerous locks mark the life of the canal. We see a boat in the distance. We stop for a snack to see how the locks work. Indeed, this canal has a peculiarity: in a distance of a little more than 2 km, about every 200 meters, 11 locks follow each other, allowing the boats to overcome a height difference of 27 meters».

MEDIEVAL TREASURES

«We take the time to discover the old town of Dinan and enjoy the view from the ramparts. We quickly realized that this city is home to some incredible architectural treasures, such as the Basilique Saint-Sauveur. That evening, we were even lucky enough to see a fireworks display at the Château de Dinan. The show was magical.»

RECONNECTING WITH NATURE

«We leave Dinan through narrow streets and the famous cobblestone Rue du Jerzual. Today we're still on the canal. After the first few kilometers, the landscape changes: the mouth of the Rance begins. We follow a green path built on a former railway line. This second stage is very «natural»: we're even lucky to see a skittish deer in a clearing.»

Abicyclette Voyages on the crossing of historic Brittany



The members of Abicyclette Voyages set themselves the challenge of crossing their region on a gravel bike, following the routes of the Vélodyssée and the Canal de Nantes à Brest. In 3 days and in the middle of winter, they took on the gravel challenge of a modern crossing of historic Brittany.

[DISCOVER THE FULL STORY](#)

The highlights of this adventure

BIKEPACKING AVENTURE
an unassisted, autonomous trip

490 KM
on the Vélodyssée

3 stages

accommodation
AT OUR PARTNER
HOSTS

2 800 m
of positive ascent

AN ALL-TERRAIN BIKE
THE GRAVEL

«Good conditions even for winter riding! We divided this 490 kilometer trip into 3 stages planned for the end of February. We were expecting cold weather, but apart from the early morning chill, we rode in optimal conditions for cycling, with temperatures even reaching 18°C in the middle of the afternoon. So our rain gear stayed safely tucked away in our bikepacking panniers.»

Abicyclette Voyages

Abicyclette Voyages is the fruit of a shared passion for cycling in all its diversity, for travel in all its curiosity. It's a thirst for meeting, discovering, sharing and exchanging.

We've been offering our services since 2010. Our experience allows us to offer you a complete and personalized service. Abicyclette Voyages, a travel agency specialized in cycling holidays, invites you to discover the most beautiful regions of France and some neighboring countries. Whether you're a cycling enthusiast, a true globetrotter or simply a lover of the great outdoors, our destinations, formulas and personalized services will help you find the vacation that's right for you.

Whether it's a touring trip, a weekend with family or friends, a thalasso, wine or gastronomic break, all our tours are carefully designed to help you get the most out of your vacation. Our team is here to listen and assist you at every stage, from conception to completion, for your utmost comfort.



Our concept ?

RIDE YOUR ADVENTURES

Live your own experience: Sporty? Gourmet? Cultural? There's a wide range of cycling tours to choose from.

Let us guide you: our consultants will design a turnkey trip for you, ensuring you follow the most beautiful routes, adapted to your level and with quality cycling equipment.

Discover a unique experience: fully customized or personalized, our job is to create the vacation you've always dreamed of.

Get back to basics: in the spirit of slow tourism, take your time to savor every moment and experience the essentials.

Subscribe to our newsletter to receive our monthly cycling tips, adventure stories, new bike trips, and team news.

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